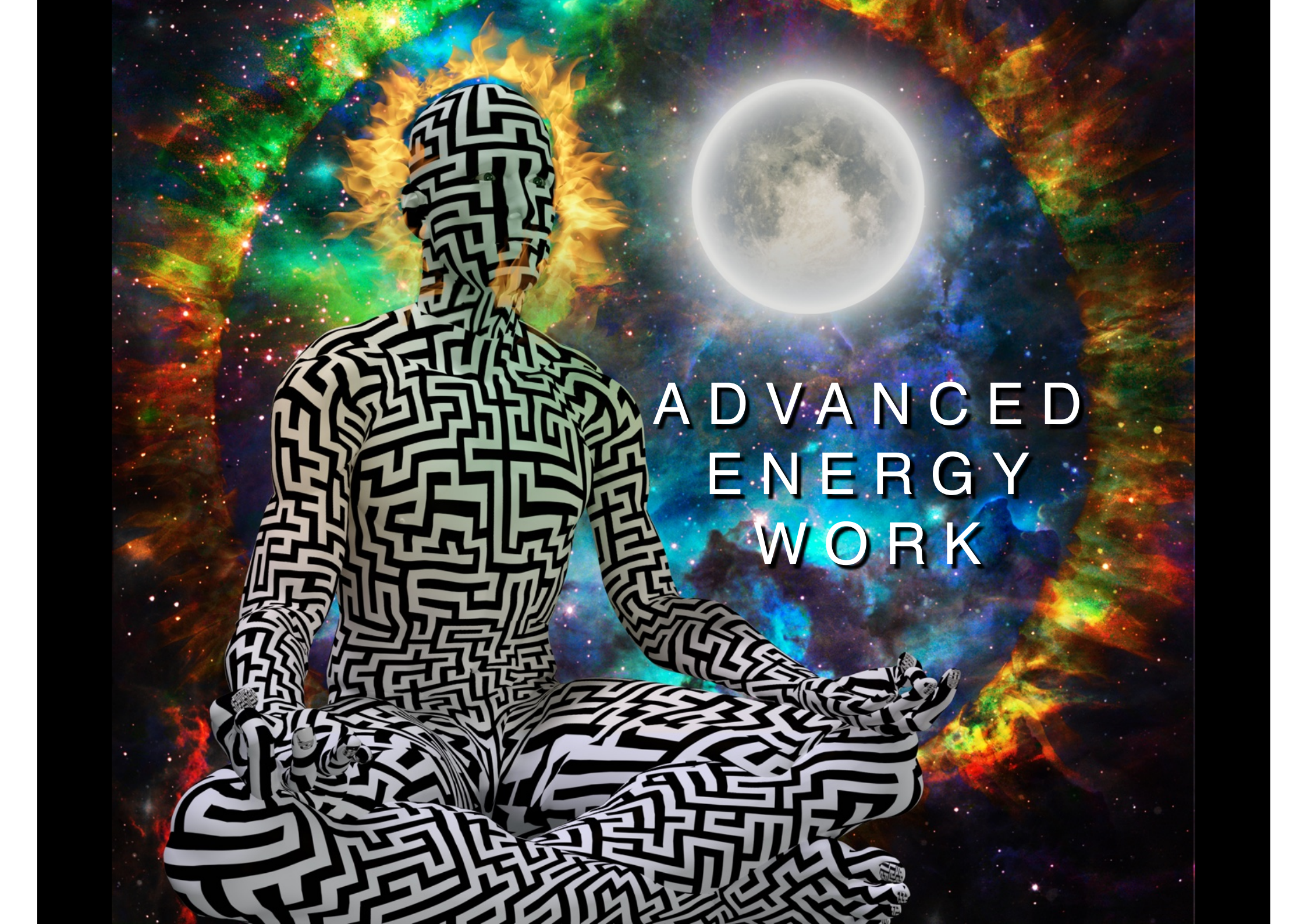


A person is depicted in a meditative pose, seated cross-legged. Their entire body is covered in a complex, black and white geometric pattern resembling a maze or a circuit board. The person's head is tilted back, and their eyes are closed. Behind their head, there is a bright, fiery orange and yellow glow. The background is a vibrant, colorful cosmic scene featuring a large, bright white moon in the upper right, surrounded by swirling nebulae in shades of green, blue, and orange. The overall composition suggests a connection between the human mind/body and the universe.

# ADVANCED ENERGY WORK

★ **Intro to lightbody geometry**

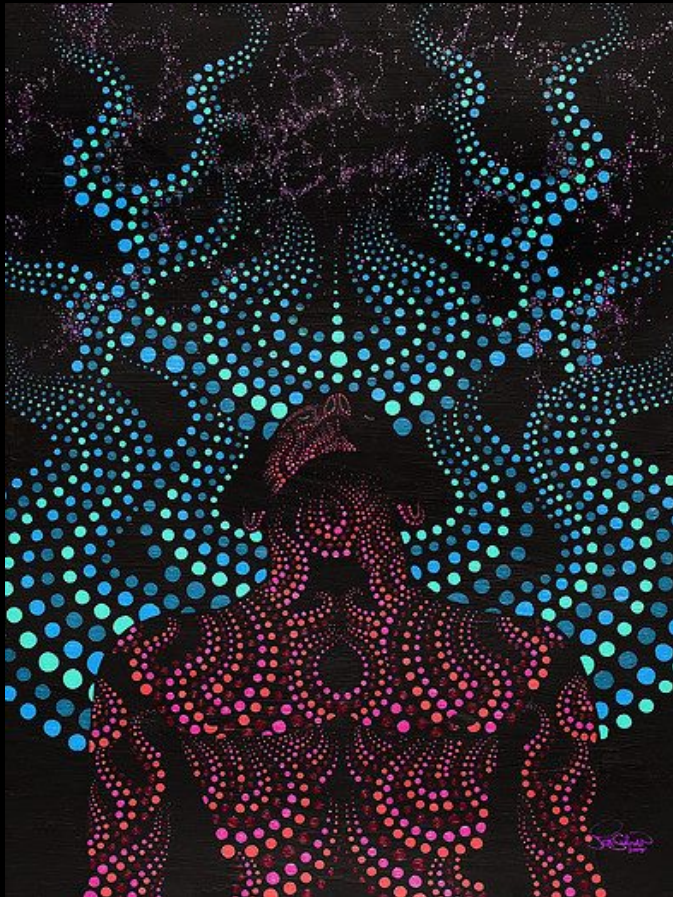
★ **Working with light**

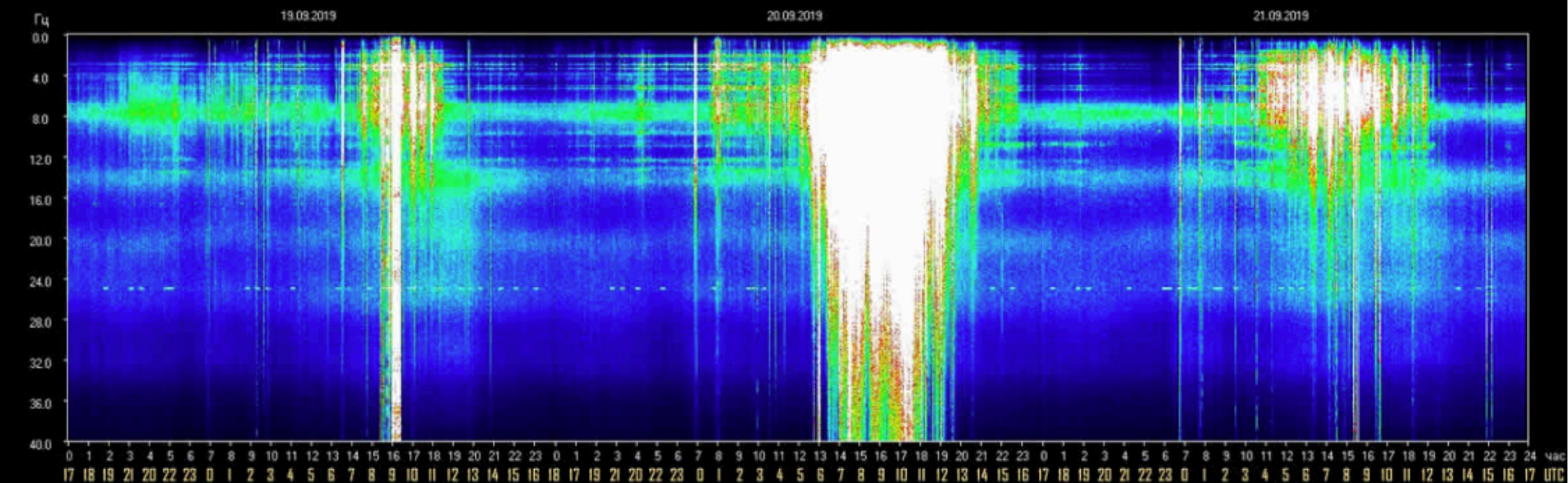
★ **Holding energetic space**

★ **Questions / discussion**



- ★ **Unity consciousness state** - diamond body - nondual/unity
- ★ **Empty witnessing state** - integrative body - all realms
- ★ **Deep dreamless state** - causal body - archetypal realm
- ★ **Dreaming state** - subtle body (Qi) - subtle realm
- ★ **Waking state** - physical body - material realm





**Schumann Resonance 22 September 2019**

**Peaked at 99 Hertz**

(Normally 7.8Hz)

# **Energy Balancing Qigong**



# Antahkarana

## Celestial Fullness

天満

英和  
四二七

Esoteric Acupuncture  
Volume VI

Mikio Sankey, Ph.D., L.Ac.



# Integration Synthesis Pattern

Source: Esoteric Acupuncture Volume VI (2014), Mikio Sankey PhD, L.Ac

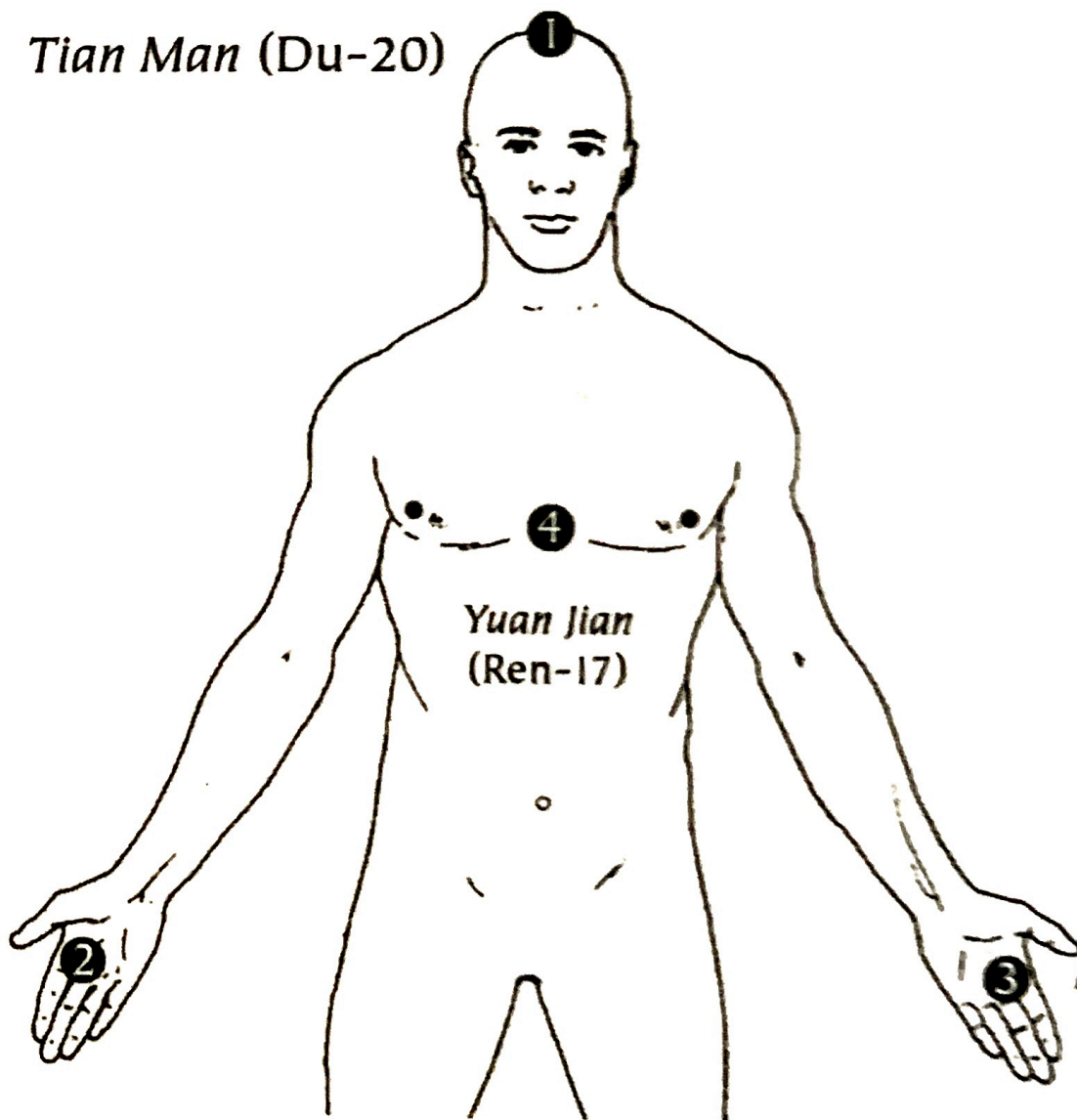
*Tian Man (Du-20)*

*Fig 5.2-a*

*Yuan Jian  
(Ren-17)*

*Laogong (Per-8)*

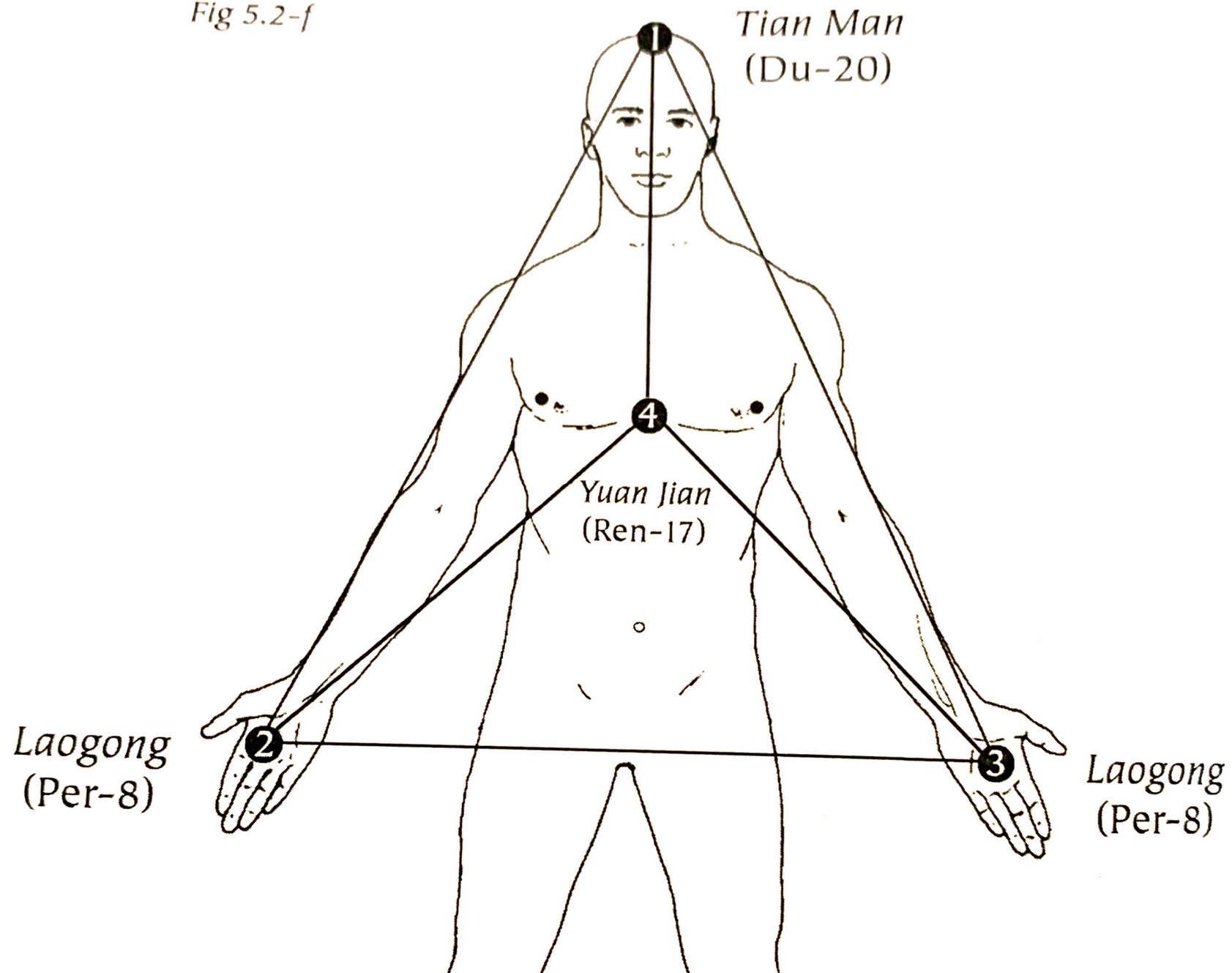
*Laogong (Per-8)*



# Integration Synthesis Pattern

## Complete Visualization and Grid

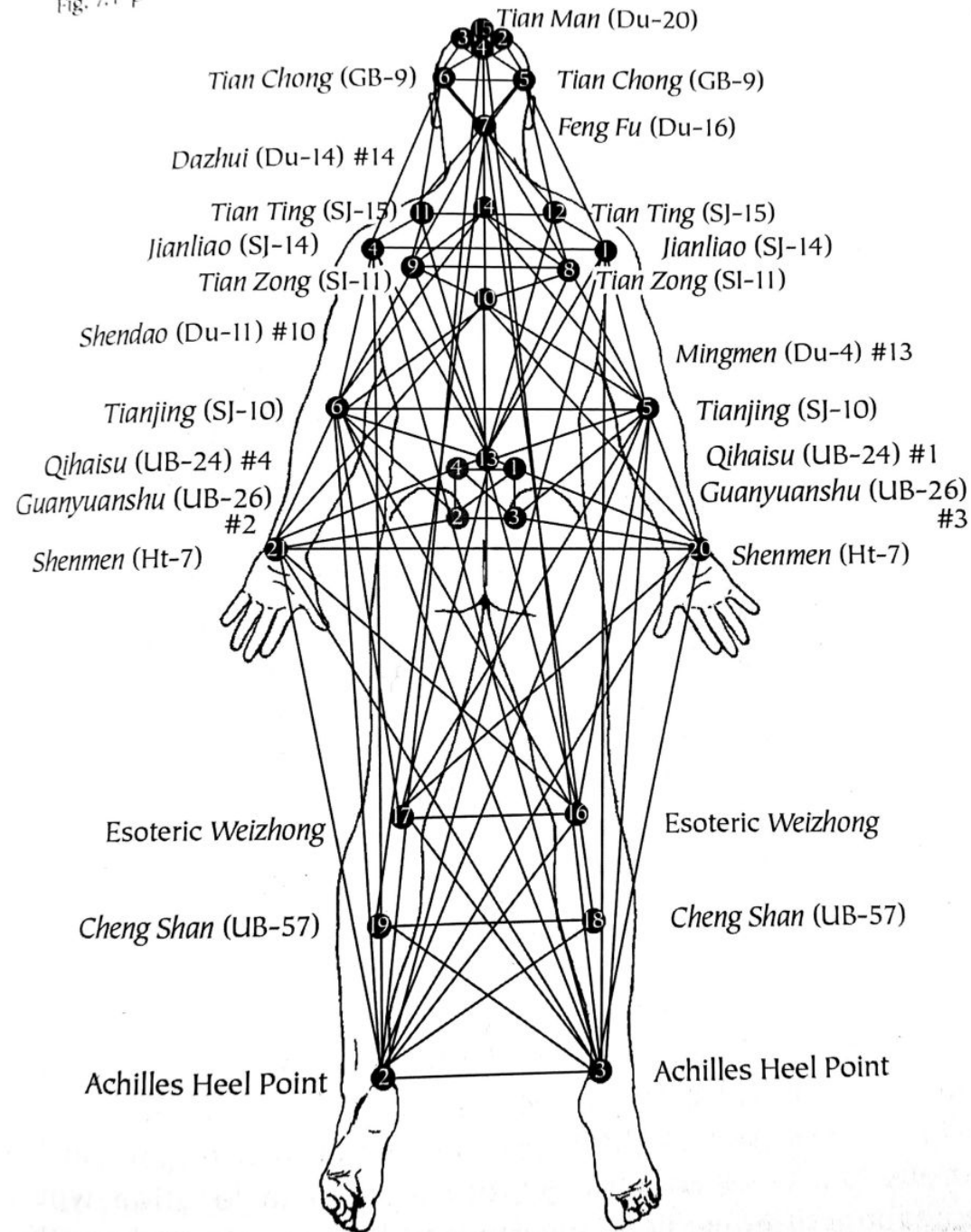
Fig 5.2-f





# Wei Qi Grid Strengthening Pattern Complete Grid

Fig. 7.1-P

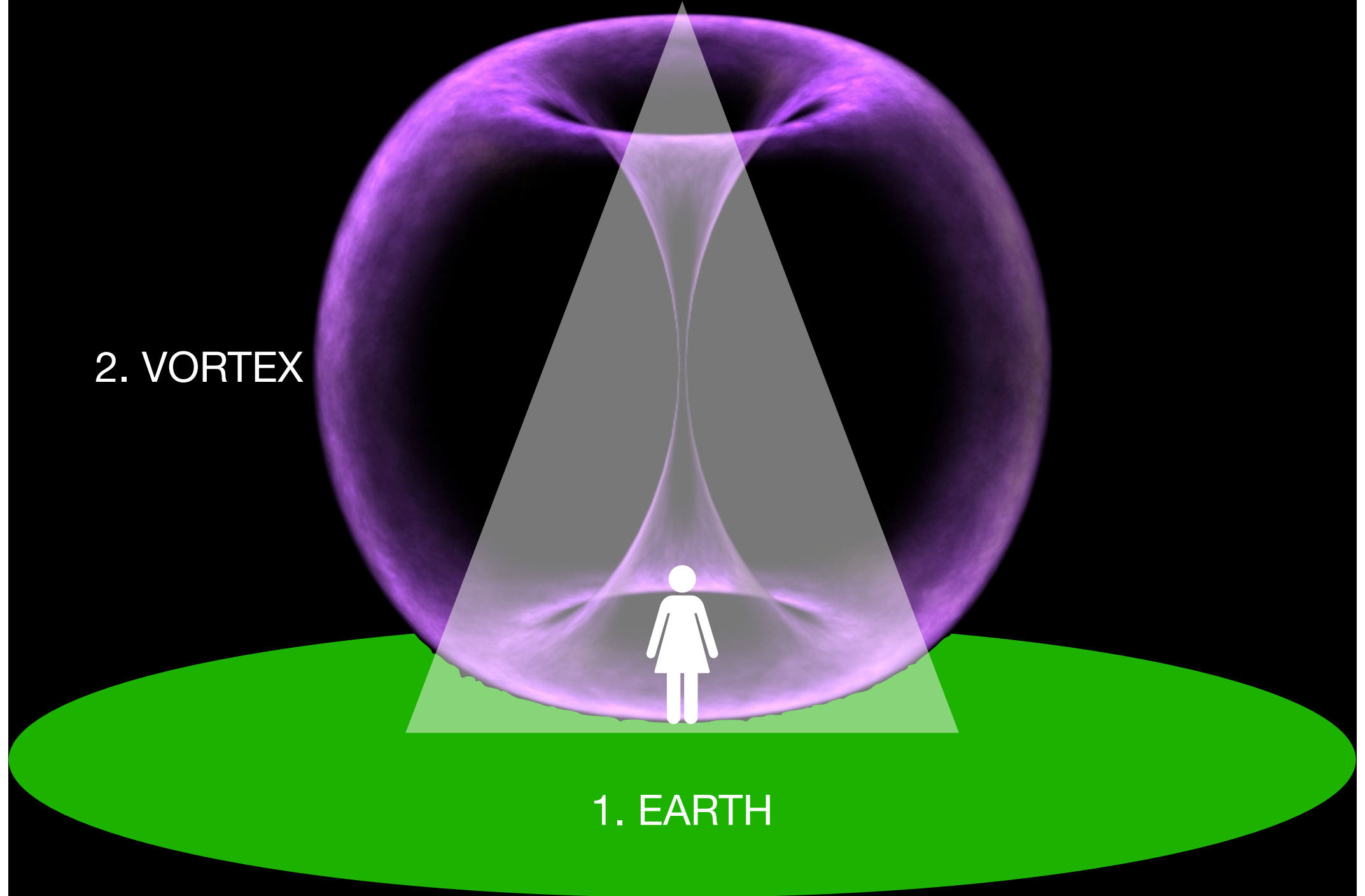


HOLDING ENERGETIC SPACE  
FOR HEALING

3. HEAVEN

2. VORTEX

1. EARTH





The background of the entire image is a complex digital composition. On the right side, there is a wireframe profile of a human head facing right. Inside the head, a bright, glowing orange and yellow sphere represents the brain, with numerous small, colorful dots (blue, red, yellow) scattered around it. To the left of the head, there are several concentric, glowing blue and white circular patterns that resemble circuitry or data paths. The overall color palette is dominated by dark blues, blacks, and vibrant oranges and yellows from the central glow.

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